

Screen Quest™ Fluorimetric Fatty Acid Uptake Assay Kit

Catalog number: 36385 Unit size: 100 Tests

Component	Storage	Amount
Component A: TF2-C12 Fatty Acid	Freeze (<-15 °C), Minimize light exposure	1 vial, lyophilized
Component B: Assay Buffer	Freeze (<-15 °C)	10 mL
Component C: DMSO	Freeze (<-15 °C)	100 μL

OVERVIEW

Fatty acid uptake is an important therapeutic target for the treatment of many human diseases such as obesity, type 2 diabete and hepatic steatosis. The Screen Quest[™] Fluorimetric Fatty Acid Uptake Assay Kit provides a simple and sensitive method for the measurement of fatty acid uptake in cells containing fatty acid transporters. The kit uses a proprietary dodecanoic acid fluorescent fatty acid substrate. This fatty acid uptake assay kit can be performed on any fluorescence microplate reader with a bottom-read mode or FITC channel. The assay can be performed in 96-well or 384-well microtiter plates in a simple mix-and-read procedure, and easily adapted for high throughput screening applications.

AT A GLANCE

Protocol summary

- 1. Plate cells in growth medium for 4-6 hours
- 2. Transfer the cells into serum free medium for 1 hour and treat cells as desired
- 3. Add 100 $\mu\text{L/well}$ of the Fatty Acid dye-loading solution
- Monitor fluoroscence increase at Ex/Em = 485/515 nm immediately for kinetics or after 60 minutes incubation for endpoint reading (bottom read mode)

Important Thaw all the kit components at room temperature before starting the experiment.

KEY PARAMETERS		
Fluorescence microplate reader		
485 nm		
515 nm		
495 nm		
Black wall/clear bottom		
Bottom read mode		

PREPARATION OF STOCK SOLUTIONS

Unless otherwise noted, all unused stock solutions should be divided into single-use aliquots and stored at -20 $^\circ$ C after preparation. Avoid repeated freeze-thaw cycles.

TF2-C12 Fatty Acid stock solution:

Add 20 μL of DMSO (Component C) to the vial of TF2-C12 Fatty Acid (Component A) and mix them well.

Note 20 μ L of the fluorescent fatty acid substrate stock solution is enough for one plate. The unused fluorescent fatty acid substrate stock solution can be aliquoted and stored at < -20 °C for up to two months if the tubes are sealed tightly and kept from light. Avoid repeated freeze-thaw cycles.

PREPARATION OF WORKING SOLUTION

Fatty Acid dye-loading solution:

Add 20 μL of the TF2-C12 Fatty Acid stock solution to 10 mL of Assay Buffer (Component B) and mix them well.

Note 10 mL of Fatty Acid dye-loading solution is enough for one plate; prepare fresh for each plate and experiment.

SAMPLE EXPERIMENTAL PROTOCOL

Cells preparation:

Prepare cells as desired. The following protocols are guidelines to prepare 3T3-L1adipocytes.

- Prepare differentiated 3T3-L1 adipocytes (see Ref 1): 3T3-L1 fibroblasts were grown 2 days in a 75 cm flask post-confluence in DMEM/FBS, and then for 2 days in DMEM/FBS supplemented with 0.83 μM insulin, 0.25 μM dexamethasone, and 0.25 mM isobutylmethylxanthine. The medium is changed to maintain the insulin concentration with dexamethasone and IBMX absent for another 2 days. The medium was then changed to DMEM/FBS alone for another 3-5 days. Differentiated cells (at least 95% of which showed an adipocyte phenotype by accumulation of lipid droplets) were used on day 8 to 12 after induction of differentiation.
- Plate 3T3-L1 adipocytes in growth medium at 50,000-80,000 cells/well/100 μ L/96-well or 12,500-20,000 cells/well/25 μ L/384-well black wall/clear bottom cell culture Poly-D lysine plate for 4-6 hours before experiment. Centrifuge the plate at 800 rpm for 2 minutes with brake off.

Note It is recommended to plate 3 wells with growth medium only (without cells) as blank wells for data normalization.

Note We find that adipocytes plated at the same day (4-6 hours, and then serum deprived for 1 hour) give better results than that plated for overnight.

- Remove the cell plate from the incubator, aspirate the medium from the wells, and deprive the cells with 90 μ L/well/96 well-plate or 20 μ L/well/384 well-plate serum free medium. Incubate the cells at 37 °C, 5% CO₂ incubator for 1 hr.
- Treat the cells by adding 10 µL/well/96-well plate (5 µL/well/384-well plate) of the test compounds or 1X Hanks and 20 mM Hepes buffer (1X HBSS, pH 7.4) or buffer of your choice as the compound diluent. For blank wells, add the compound diluents. Incubate the cells at 37 °C, 5% CO₂ incubator for a desired period of time (30 minutes for 3T3-L1 cells treated with Insulin).

Sample protocol:

- 1. Treat cells with test compounds as desired.
- 2. Remove compound-treated cell plates from the incubator, add 100 μ L/well (96-well plate) or 25 μ L/well (384-well plate) (including blank wells) of the Fatty Acid dye-loading solution.
- 3. Measure the fluorescence signal with a fluorescence microplate reader at Ex/Em = 485/515 nm (cut off at 495 nm) using a bottom read mode.

Note For kinetic reading: Read the fluorescence intensity immediately at 20 seconds interval for 30-60 minutes.

Note For endpoint reading: Read the fluorescence intensity at the end of the 30-60 minutes incubation.

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Figure 1. Comparison of fatty acid uptake by 3T3-L1 adipocytes and fibroblast. Cells were plated at 50,000 cells/100 mL/well in a 96 well black wall/clear bottom poly-D lysine plate for 5 hours, and then serum deprived for 1 hour. Cells were treated without (control) or with insulin (150 nM), and incubated at 37 °C, 5% CO₂ incubator for 30 min. At the end of the incubation time, 100 μ l of fatty acid mixture was added into the well, and incubated for another 60 min, the fluorescence signal was measured with a FlexStation plate reader using bottom read mode. A – fibroblasts (Control); B – fibroblasts (Insulin); C – adipocytes (Iosulin).

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